

Supplement Facts

Serving Size: 3 Tablets

Amount Per Serving		% Daily Value
Vitamin C (Ascorbic Acid, Rose Hips)	150 mg	250%
Vitamin D (Fish Oil)	25 IU	6%
Vitamin E (D-Alpha Tocopheryl Succinate)	50 IU	166%
Thiamine (Thiamine Mononitrate, Molasses Culture)	16 mg	1066%
Riboflavin (Riboflavin, Molasses Culture)	20 mg	1176%
Niacin (Niacinamide, Molasses Culture)	90 mg	450%
Vitamin B6 (Pyridoxine HCl, Molasses Culture)	24 mcg	1200%
Folate (Folic Acid, Molasses Culture)	400 mcg	100%
Vitamin B12 (Cyanocobalamin)	25 mcg	416%
Biotin (D-Biotin, Molasses Culture)	150 mcg	50%
Pantothenic Acid (D-Calcium Pantothenate, Molasses Culture)	80 mg	50%
Calcium (Oyster Shell)	150 mg	15%
Magnesium (Amino Acid Chelate, Oxide)	100 mg	25%
PABA (Para-Aminobenzoic Acid)	30 mg	†
Citrus Bioflavonoid Complex	25 mg	†
Choline (Choline Bitartrate)	100 mg	†
Inositol	50 mg	†
Phosphatidyl Choline (Lecithin)	10 mg	†
Valerian Root Extract (Root)	75 mg	†
Hops (Fruit)	75 mg	†
Chamomile (Flower)	75 mg	†
Ginger (Root)	6 mg	†
Licorice (Root)	6 mg	†
Passion Flower (Flower)	6 mg	†
Spirulina (Plant)	6 mg	†

† Daily Value Not Established

Other Ingredients: Cellulose, Glycerol Monostearate, Food Glaze, Silica, Povidone, Magnesium Stearate, Ethylcellulose, Croscarmellose Sodium.

Product # 320