

**Sterling**

# Supplement Facts

Serving Size: 3 Tablets

Amount Per Serving		% Daily Value
Calories	10	
Total Carbohydrate	2 g	<1%*
Sugars	2 g	†
Vitamin A (40% as Beta-Carotene)	21,000 IU	420%
Vitamin C (Ascorbic Acid, Rose Hips)	210 mg	350%
Vitamin D (Fish Oil)	698 IU	174%
Vitamin E (Vegetable Oil)	75 IU	250%
Thiamin (Vitamin B <sub>1</sub> ) (Molasses Culture, Thiamine Mononitrate)	8.4 mg	560%
Riboflavin (Vitamin B <sub>2</sub> ) (Molasses Culture, Riboflavin)	17.5 mg	617%
Niacin (Molasses Culture, Niacinamide)	72.2 mg	361%
Vitamin B <sub>6</sub> (Molasses Culture, Pyridoxine Hydrochloride)	18.9 mg	945%
Folate (Molasses Culture, Folic Acid)	281.4 mcg	70%
Vitamin B <sub>12</sub> (Molasses Culture, Cyanocobalamin)	16.8 mcg	280%
Biotin (D-Biotin, Molasses Culture)	210 mcg	70%
Pantothenic Acid (Molasses Culture, D-Calcium Pantothenate)	71.4 mg	714%
Calcium (Oyster Shell, Carbonate)	701 mg	70%
Iron (Amino Acid Chelate)	12.6 mg	70%
Iodine (Kelp, SeaPlex™**)	105 mcg	70%
Magnesium (Oxide from Sea Water, Sea Kelate***)	280 mg	70%
Zinc (Oxide, Sea Kelate***)	15.6 mg	104%
Selenium (Kelp, Sea Kelate***)	34.8 mcg	50%
Copper (Amino Acid Chelate)	1.5 mg	75%
Manganese (Sea Kelate, Amino Acid Chelate)	4.5 mg	210%
Chromium (Kelp, Sea Kelate***)	70 mcg	58%
Molybdenum (Kelp, Sea Kelate***)	31.8 mcg	42%
Potassium (Kelp, Sea Kelate***)	21 mg	<1%
Choline (Bitartrate, Lipotropic Factor)	105 mg	†
Inositol (Lipotropic Factor)	105 mg	†
DL-Methionine (Lipotropic Factor)	45 mg	†
Aloe Vera Gel Concentrate (equivalent to 900 mg Aloe Vera Gel)	4.5 mg	†
Pancreatin 3 X (equivalent to 34.8 mg Pancreatin)	11.6 mg	†
Para-Aminobenzoic Acid (PABA)	6 mg	†

† Daily Value Not Established

\* Percent Daily Values are based on a 2,000 calorie diet.

\*\* SeaPlex™ (proprietary blend of Spirulina, Chlorella, Irish Moss, Dulse, Kelp, Bladderwrack, Sodium Alginate)

**OTHER INGREDIENTS:** Sucrose, Sea Kelate \*\*\* (proprietary blend of Spirulina, DL-Methionine, Green-lipped Mussel, Chlorella, Chondroitin, Sulfate Sodium), Talc, Food Glaze, Glyceryl Monostearate, Croscarmellose Sodium, Gelatin, Gum Arabic, Microcrystalline Cellulose, Powdered Cellulose, Bioflavonoid Complex, Pancreatic Digest of Casein, Tapioca Starch, Titanium Dioxide, Gum Arabic, Magnesium Stearate, Acerola Cherry Extract, Lecithin, Marine Lipids, Protease, Chlorophyll, Beeswax.

Contains Milk, Soybeans.